Teens in Ireland report greater generalized pliance than teens in Colombia. No differences in psychological flexibility.

Comparative investigation of adolescents’ generalized pliance & psychological inflexibility across cultural contexts.

Participants: Teens in Ireland (n = 266) aged 12-17 years (M = 15.52; 50% female, 50% male) & teens in Colombia (n = 242) aged 15-16 years (M = 15.38; 53.7% female, 45.9% male).

Measures: Generalized Pliance Questionnaire-Children & Avoidance and Fusion Questionnaire for Youth-short form

Results: Generalized pliance was higher in Ireland than Colombia, t(506) = 11.737, p < .001. No cultural differences in psych inflex. In Ireland, females reported greater generalized pliance (t(255.548) = 5.536, p < .001) and psych inflex (t(264) = 3.785, p < .001) than males. In Colombia, females reported greater psych inflex than males, t(239) = 2.678, p = .008.

Discussion
Social communities in Ireland are likely failing to contextualize pliance for young women.

Gender differences in pliance correct themselves during adolescence in Colombia.